

## **The National Tribal Healthy Homes Assessment, Training & Technical Assistance Support Center**

is an exciting partnership between **Montana State University Extension, Housing and Environmental Health Program; U.S. Department of Housing and Urban Development; and various national partners\***.

The Center will strengthen the capacity of tribal communities to educate home occupants for indoor health hazards such as excessive moisture and mold, carbon monoxide, household chemicals, drinking water, lead, asbestos, pesticides, radon, dust and dust mites, allergens, asthma triggers, fire and safety hazards, and septic systems.

Learn more about the project and its partners\* at

**[www.tribalhealthyhomes.org](http://www.tribalhealthyhomes.org)**



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**For more information in your area or to sign up for in-house education and assessment, contact:**

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# **How Healthy is Your Home?**



## ***We can help you find out!***

## Your home could be hiding dangers to your family!

Believe it or not, your home could be a source of danger to your entire family. Ask yourself:

- *Is the air in your home healthy?*
- *Does someone in your home have allergies or breathing problems?*
- *Do you know the signs of carbon monoxide poisoning?*
- *Are your household products used and stored to minimize risk to children?*

If you're unsure about these questions, there is a way for you to find out—along with answers to dozens of other home health and safety questions!



Since 1914, Montana State University Extension's mission is to provide local education to all Montanans. To enhance the effectiveness of Extension's outreach, education and assistance

**we are offering free in-house education and assessment to willing individuals and families.**



## What is National Tribal Healthy Homes in-house education and assessment?

- **It is absolutely FREE, confidential and without any obligation!**
- You must live in a home located on a Montana Reservation.
- A trained Extension healthy homes practitioner will come into your home, at a convenient, pre-determined time, and assess it for indoor air quality, asthma triggers, excessive moisture and signs of mold, carbon monoxide, use and storage of hazardous household products, and home safety.
- You will receive personal education on risks found in your home as well as a list of related local resources.
- You will receive a gift during the visit that includes environmentally-friendly cleaning products and home safety items.
- All children will receive a fun Healthy Homes activity book.
- **See the back of this brochure for how to sign up for your in-house education and assessment!**

## You will learn how to maintain a healthy home at no or low cost to your family!

All participants will receive the 58-page booklet, *Help Yourself to a Healthy Home*, which is full of low- or no-cost ways to make your home healthy and safe for every member of your family. In addition, it features checklists so you can do your own room-by-room assessments as well as phone numbers and Web addresses for many organizations offering even more information.

